



### **How to prepare for laser hair removal?**

**No special preparation is required before the procedure.**

We do not shave the areas — neither before nor after the procedure.

After laser hair removal, hair growth slows down significantly, so there is no need to use additional products.

**However, for the best results, we recommend:**

- Avoid sunbathing or solarium 3 days before the procedure.
- If the procedure is performed with an alexandrite laser, it is recommended to refrain from sunbathing for 2 weeks.



**მედიკალ გრუპი**

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